



Delta Shawl

Knitted from the back of the neck down, this shawl has plain or lace-patterned insets at the back and sides

Materials: about 650-800 yards of any yarn that knits at the gauge below (exact amounts will vary with yarn chosen).

The plain shawl in the photos used 4 skeins of Brown Sheep Lamb's Pride (100gms / 190 yds).

The shawl with the lace-pattern insets used 2 balls Ironstone Mercerized Cotton Flake (100 gms / 328 yds.) and 6 oz. Earth Guild's Dragon Tale Matte Cotton Flake (8 oz. / 750 yds) in a variegated color - one strand of each yarn is knitted together.

Needles: # 10 ½ needle, or size to obtain gauge. The shawl can be started with straight needles, but you will need a longer circular (at least 29") as the shawl grows.

Tools: 6 or 8 markers of the type that can be put into a stitch, rather than on the needle, such as small safety pins (coilless are best) or a piece of thread that can be tied into the stitch. If you are using pins you can move them up every few rows so it is easier to see them. If you are using thread, add a new marker, rather than trying to move the old one. You may find that you no longer need markers once the pattern gets established.

Two markers of the kind that can be slipped on the needle (plastic rings or string loops) to mark the borders. Slip these from the left needle to the right needle as you come to them.

Crochet hook, size I or J, if you choose to do the optional crochet bind-off (shown on cotton shawl).

Gauge: 12 sts / 18 rows in 4" / 10 cm

Center back length about 22" (elbow length).

Abbreviations and special stitches:

K = Knit

P = Purl

RS = Right Side

WS = Wrong Side

YO = Yarn Over: This adds a stitch. Bring the yarn forward as if to purl, then take it to the back OVER the right needle making a new loop on the needle. YO's are knitted or purled



Detail of back lace inset, showing crochet bind-off

on the next row just like regular stitches.

K2tog = Knit two together: Knit the next two stitches together as if they were one.

SSK = Slip, Slip, Knit: Slip the next two stitches, ONE AT A TIME, AS IF TO KNIT, then insert the point of the left-hand needle from left to right into the front loops and knit them together in this position.

Neckband: Cast on 5 stitches, and knit 30 rows (15 ridges). Turn and Pick up 15 sts (one for each garter stitch ridge) along edge and then 5 sts on cast-on edge (25 sts).



Ready for Row 1, next page

Next row (WS): K5, P15, K5.

Photo at left shows this row finished.

Delta Shawl, Page 2

Row 1 (RS): K5 (border), place a ring marker on right needle, YO; K3; YO, K1, mark the stitch just knitted (see note about markers above), YO; K3; YO, K1 and mark stitch just knitted, YO; K3; YO, K1 and mark stitch just knitted, YO; K3; YO, place a ring marker on right needle, K5 (border) (33 sts, with 3 marked stitches and two ring markers on needle).

Row 2 and all WS rows: K5, P to border (last 5 sts); K5. The next two right side rows are written with spaces in order to illustrate the 4 sections, separated by paired increases (YO's), which add two stitches to each section on every right side row. See illustration below.

Row 3: K5 (border), slip marker, YO;

K5; (Section 1 - Left Front)
YO, K1 (marked st), YO; (Left Side Increases)
K5; (Section 2 - Left Back)

YO, K1 (marked st), YO; (Center Back Incs)
K5; (Section 3 - Right Back)

YO, K1 (marked st), YO; (Right Side Increases)
K5; (Section 4 - Right Front)

YO, K5 (border).

Row 5: K5 (border), YO;
K7; YO, K1, YO;
K7; YO, K1, YO;
K7; YO, K1, YO;
K7; YO, K5 (border).



Row 7 completed, showing ring markers at borders, pin markers in the three stitches between Yarn Overs, and 9 stitches in each section between marked stitches.

Continue in this manner, adding 2 stitches to each section on every RS row; that is, one YO at border, 2 at left side increase line, 2 at center back increase line, 2 at right side increase line, and 1 at the border (8 stitches total in each right side row).

Stop at the end of the WS row in which you have 43 stitches per section, not counting the marked stitches or borders (185 sts total).



Beginning of triangle, before moving marker.

place it in the stitch you just knitted (the first one on the right-hand needle). YO, K 3 (the YO from the last RS row, the previously marked stitch, and the other YO from the last RS row), YO. Place another marker in the NEXT stitch (first one on the left-hand needle), then complete the row as before. There should be 5 sts between the marked stitches, including the YO's. Photo right.*

Begin the back triangle inset (both styles): Work the right side row as before until you come to the stitch BEFORE the second marked stitch (center back). Photo left.

*The next stitch should be the YO from the last right side row, which you purled on the last wrong side row. Remove the marker from the center back stitch and



Five Stitches between new markers

Shawl with plain insets only: For the next 16 rows (until you begin the side triangular panels), continue working the side increases (YO, K marked stitch, YO) and border increases as before. At the center back, work the first YO after knitting the first marked stitch, and the second YO just before knitting the second marked stitch, knitting the stitches between. The number of stitches between the marked stitches will increase by 2 on every RS row.

Shawl with lace-pattern insets only: Begin following the Lace Pattern on the next page (chart on Page 4) immediately. The written and charted instructions are for the part between the marked stitches only. The first row on the chart is the one you have just worked; only the RS rows are charted. Work the side increases as before.

Both Styles: Continue until the back triangle between marked stitches is 19 stitches wide; stop at the end of a WS row (on the lace chart, the row following Row 15). The two front sections should have 59 stitches each, not counting the marked center stitches on the side increases or borders. The back sections should have 50 stitches, counting the marked stitches on either side of the back triangle, but not counting the side marked stitches. Total number on the needle: 249 stitches.



Detail of lace triangle in progress, showing marker pins.

Begin side triangle insets (Shawl with plain insets only):

Work the right side row as before until you come to the stitch BEFORE the first marked stitch (Left Side Increase). Repeat from * to * on Page 2 (“Begin back triangle inset”) as for the back triangle. Work to back triangle and continue as established. Work to next marked stitch (Right Side Increase) and repeat from * to *; finish row.

Continue increasing between marked stitches at back and sides, and at the borders as before. At the end of the RS row where you have increased to 37 stitches on the back inset and 21 stitches on the side insets, switch to garter stitch by knitting the WS rows instead of purling them. Continue increasing as established until the back inset has 41 stitches and the side insets 25 stitches. Finish at the end of a WS row (3 garter ridges on RS). There should be a total of 337 stitches on the needle.

Begin side triangle insets (Shawl with lace insets only):

Work the right side row as before until you come to the stitch BEFORE the first marked stitch (Left Side Increase). Repeat from * to * on Page 2 (“Begin back triangle inset”) as for the back triangle. Work to back triangle and continue with Row 17 of the Lace Pattern. Work to next marked stitch (Right Side Increase) and repeat from * to *; finish row.

Continue increasing between marked stitches at back and sides, and at the borders as before. The next right side row will be Row 3 of the Lace Pattern on the sides and Row 19 at the back (use table below to keep track). At the end of the RS row where you have increased to 37 stitches on the back inset and 21 stitches on the side insets, discontinue the lace pattern and switch to garter stitch by knitting the WS rows instead of purling them. Continue increasing as established (Just inside the marked stitches on the back and sides and at border) until the back inset has 41 stitches and the side insets 25 stitches. Finish at the end of a WS row (3 garter ridges on RS). There is a total of 337 stitches on the needle, ready for a RS row.

Row Numbers of Lace Pattern

Sides	Back	Sides	Back
3	19	11	27
5	21	13	29
7	23	15	31
9	25	17	33

Lace Pattern (chart on next page):

Row 1: YO, K3, YO (5 sts)

Row 3: YO, K5, YO (7 sts)

Row 5: YO, K3, YO, SSK, K2, YO (9 sts)

Row 7: YO, K2, K2tog, YO, K1, YO, SSK, K2, YO (11 sts)

Row 9: YO, K2, K2tog, YO, K3, YO, SSK, K2, YO (13 sts)

Row 11: YO, K2, K2tog, YO, K5, YO, SSK, K2, YO (15 sts)

Row 13: YO, K2, K2tog, YO, K3, (YO, SSK, K2) twice, YO (17 sts)

Row 15: YO, (K2, K2tog, YO) twice, K1, (YO, SSK, K2) twice, YO (19 sts)

Row 17: YO, (K2, K2tog, YO) twice, K3, (YO, SSK, K2) twice, YO, (21 sts)

Row 19: YO, (K2, K2tog, YO) twice, K5, (YO, SSK, K2) twice, YO, (23 sts)

Row 21: YO, (K2, K2tog, YO) twice, K3, (YO, SSK, K2) 3 times, YO (25 sts)

Row 23: YO, (K2, K2tog, YO) 3 times, K1, (YO, SSK, K2) 3 times, YO (27 sts)

Row 25: YO, (K2, K2tog, YO) 3 times, K3, (YO, SSK, K2) 3 times, YO, (29 sts)

Row 27: YO, (K2, K2tog, YO) 3 times, K5, (YO, SSK, K2) 3 times, YO, (31 sts)

Row 29: YO, (K2, K2tog, YO) 3 times, K3, (YO, SSK, K2) 4 times, YO (33 sts)

Row 31: YO, (K2, K2tog, YO) 4 times, K1, (YO, SSK, K2) 4 times, YO (35 sts)

Row 33: YO, (K2, K2tog, YO) 4 times, K3, (YO, SSK, K2) 4 times, YO, (37 sts)



Bind-Off: Choose either the garter stitch Knitted Edging, shown on the wool shawl on Page 1, or the Crochet Bind-off, shown on the cotton shawl (detail at left)

Knitted Edging: Cast on (CO) 5 stitches at the end of the row you just finished, either by “knitting on” or half-hitch cast on. Photo below.



Row 1 (RS): K4, K2tog (1 CO st and 1 shawl st), turn.
Row 2 (WS): K5, turn.

Repeat these two rows, knitting one edging stitch and one shawl stitch together on every RS row, until all the shawl stitches are “eaten up” and you have only 5 edging stitches on your needle. Bind off.

Crochet Bind-Off: Insert crochet hook into the first two stitches on the knitting needle, pulling them off the needle. Yarn over hook, and pull a loop through both stitches. Chain 5; *insert hook through next 3 stitches on knitting needle, removing them from the needle; yarn over hook and pull a loop through all 3 stitches; chain 5*. Repeat from * to * until there are only 2 stitches left on the knitting needle. Pull a loop through the last two stitches; break yarn and pull end through loop.

Finishing: Weave in all yarn ends. Block shawl by laying it out flat (spreading it out on a bed or carpet works well) and steam gently with an iron or steamer. Allow to dry.

